

SUMMER ACTIVITIES

GROSS MOTOR

- Clap to the beat of music
- Sing and dance to different songs
- Animal walks, such as crab walking, bunny hopping, etc.
- Sweep with a broom
- YouTube Yoga for Kids videos & practice yoga poses
- Practice kicking, throwing, trapping, and hitting different sized balls

LANGUAGE/MATH

- Point out environmental print
- Read rhyming books
- Name Hunts (help them find the letters in their name and then practice writing it)
- Sorting activities (sort letters/numbers by straight lines or curved lines, sort objects by color/size)
- Make shapes/letters/numbers (use various mediums to practice for extra fun!)
- Go on a scavenger hunt
- Fish for letters/numbers/shapes

FINE MOTOR

- Roll play dough into tiny balls
- Tweezers/Tongs – Provide two bowls with small items in one bowl. Challenge your child to get all the items from one bowl to another using only the tweezers.
- Tear paper into strips and then roll it into balls.
- Scissor activities
- Finger painting or paint at an easel
- Peel oranges and other fruits
- Play with legos, mini cars, small blocks, and other small toys

GROSS MOTOR

Our gross motor training program is designed to develop self-confidence through positive learning. Our program teaches the children to listen, to play, to watch, to ask questions, and to do things for themselves. Gross motor activities at Reading Friends focus on creating a strong core. A strong core is necessary for the left and right brain to connect – a very important step in a child's ability to learn. These activities help a child's brain develop and understand more complex thoughts and processes as they grow. Successful mastery of these skills encourages children to learn with enthusiasm, which transfers to other learning experiences.

LANGUAGE/MATH

All of these ideas for teaching letter and number recognition can help to strengthen a child's early literacy skills and number recognition links with their developing number sense. Pay attention to where they stand in their development and keep raising the bar just a bit higher, while still returning to those games and activities in which they feel a high measure of success. This is the key to learning.

FINE MOTOR

Strong fine-motor skills help children when writing. However, the best way to strengthen their hand and arm muscles for writing isn't making them write more! If you use these play-based activities to help them grow stronger, they won't even realize that they're working!



For more activities and ideas, you can visit the following websites:

[Days with Grey](#)

[Busy Toddler](#)

[Contact us!](#)

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